

GHB

GHB (*gamma hydroxybutyrate*) affects the brain and spinal cord. People abuse it to try to build muscles, as a sleeping aid, or to feel “drunk” without drinking alcohol.

GHB is illegal. Companies market products that are sold as “herbal GHB,” “dietary supplements,” or “natural cleaners.” They may be just as dangerous as GHB.

DRUG ID

Looks: Usually clear liquid with a salty taste; occasionally powder

Street Names: Grievous Bodily Harm, GHB, G, Liquid X, Gamma-oh, Scoop, Jib

Methods of Use: Swallowed

Actions: GHB affects a brain chemical that helps to control movement, emotions, and the experience of pleasure and pain. The effects of GHB last 1 to 2 hours.

Warning Signs: People who have been using GHB may seem drunk. They may seem relaxed, jolly, and clumsy. They may have difficulty with vision and speech.

THE NUMBERS

In 2001, GHB use led to 3,340 visits to emergency rooms nationwide.



USING A VERY LOW DOSE

- Intoxication
- Clumsiness
- Slurred speech
- Unconsciousness or nodding in and out of consciousness

USING A SLIGHTLY HIGHER DOSE

- Vomiting
- Convulsions
- Coma
- Death



USING OVER TIME

- Possible addiction with withdrawal
- Irregular heartbeat
- Anxiety and sleeplessness

WAY TO GO

People who use GHB play a dangerous game. Users cannot protect themselves and could be raped or robbed. The risk of overdose is great. Don't try GHB.

GO
OPY