Marijuana is the most commonly used illicit drug because so many people think that it's harmless. Some people think that using marijuana doesn't affect their ability to drive. But this belief couldn't be further from the truth. Driving while high is just as treacherous, and just as illegal, as driving while drunk.

## HOW DOES MARIJUANA IMPACT DRIVING?

Marijuana's active ingredient, delta-9-tetrahydrocannabinol

### MIXING MARIJUANA & Alcohol

Alcohol and marijuana affect the brain in different ways.

#### (THC), impairs:

DEAD

- The perception of time
- Motor skills
- Concentration
- Judgment
- Reasoning abilities

#### Drivers who have smoked marijuana are unable to:

- React quickly to other cars.
- Judge distances accurately.
- Maintain their speed.
- Focus on driving and on the road.

The effects of marijuana can take hours to wear off – so even if a person thinks they're not "high" anymore, their judgment and driving skills may still be impaired.



### Combining the two can result in unpredictable effects like:

- Nausea
- Vomiting

THE FACTS:

- Panic attacks
- Extreme paranoia and anxiety

Drivers who are both high and drunk are signiflcantly impaired and face a higher risk of being involved in a car crash.

## WHAT IF MARIJUANA IS LEGAL?



Currently, drivers are not allowed to have a THC blood content of over five nanograms per milliliter. But no one is sure exactly how much marijuana



Marijuana use doubles the



it takes to reach that legal limit.

Even in states with legal medical and/or recreational marijuana, driving under the influence of marijuana is still illegal!

THC blood content may vary with:



The type of marijuana used.
How much marijuana has been consumed.
A person's specific body chemistry.



Marijuana is the most commonly detected illicit substance in fatal car accidents.



people reported driving under the influence of an illicit drug last year.

stays in the body for weeks, and sometimes longer. Blood tests might show that a driver was under the influence even if that person hasn't used recently. It's best not to risk it at all!

### **DON'T STAND BY IF A DRIVER IS HIGH** Speak up if someone who has used marijuana is about to drive. If you've used marijuana, make the right choice and don't get behind the wheel. Even better – don't use marijuana at all! You could be saving your life and the lives of others.

# MARIJUANA AND DRIVING - A DANGEROUS DEAD END!