# SEXUALLY TRANSMITTED INFECT

OVER 30 DIFFERENT TYPES OF PARASITES, BACTERIA, AND VIRUSES CAUSE SEXUALLY TRANSMITTED INFECTIONS (STIS). ANYONE WHO IS SEXUALLY ACTIVE RISKS CONTRACT-ING AN STI. ABSTINENCE IS THE UNLY WAY TO BE 100% SAFE.

STIS ARE SPREAD PRIMARILY THROUGH SEXUAL CONTACT, INCLUDING ORAL, VAGINAL, AND ANAL SEX. SOME STIS CAN BE SPREAD BY SKIN-TO-SKIN CONTACT. IF YOU ARE SEXUALLY ACTIVE, GET TESTED FOR STIS AT LEAST ON CE A YEAR.

1 million people in the world acquire a sexually transmitted infection.

million people acquire one of four STIs: chlamydia, gonorrhea, syphilis, or trichomoniasis.

Over 1 million people in the U.S. have HIV; almost 16% of them are unaware that they have an infection.

# CHLAMYDIA/GONORRHEA

Symptoms:

May have no symptoms Painful urination Genital discharge

### Transmission:

Unprotected sexual

contact

Treatment: Antibiotics



### Complications:

-Infertility

-Pelvic inflammatory disease

-Tubal pregnancy

# GENITAL HERPES

Symptoms:

-May have no symptoms

-Painful sores in genital area

-Flu-like symptoms

## Transmission:

Unprotected sexual contact

Treatment:

No cure, treatable symptoms

## Complications:

-Repeated outbreaks

-Increased risk of cervical cancer



# HUMAN PAPILLOMAVIRUS (HPV

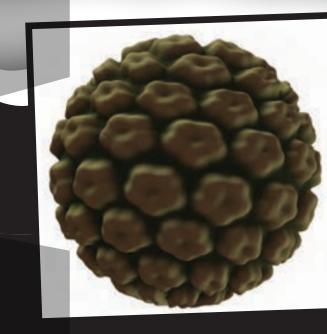
-Usually has no symptoms

-Bumpy growths in the genital/anal area

Unprotected sexual contact

Treatment:

No cure, treatable symptoms. Vaccine available.



# Complications:

-Cervical and other types

of cancer

-Genital warts may continually reappear

# SYPHILIS

Symptoms:

-Painless sores on mouth, genitals, or anus -Untreated: rash, flu-like symptoms, weight loss, and more

# Transmission:

Unprotected sexual contact Treatment: Antibiotics



## Complications: Paralysis, brain damage, blindness, death

# TRICHOMONIASIS

Symptoms:

-May have no symptoms

-Painful urination

-Genital discharge,

itching, or inflammation

# Transmission:

Unprotected sexual

Treatment: Antibiotics Complications:

Increased risk of getting/ spreading another STI

# HIV & AIDS

Symptoms:

-May not appear

for months

-Severe flu-like symptoms -Rash

# Transmission:

-Unprotected sexual

contact

-IV drug needles

Treatment:

No cure, medicine slows the disease

# Complications:

-Extreme weight loss, nausea,

headaches

-Cancer, pneumonia

-Heightened risk of bacterial infections

# If You Choose to Have Sex:

· Use condoms for every sex act

· Practice mutual monogamy

· Get vaccinated

· Engage in sex only when sober

LIVE WELL & LIVE LONG WITH GOOD SEXUAL HEALTH